

NOVEMBER NEWSLETTER



Welcome to our last newsletter for 2025!

We Made It! A Year of Elevation!

As we step into the final stretch of 2025, we want to take a moment to celebrate. This year asked a lot of us; resilience, focus, boundaries, courage and yet here we are, standing at the finish line with new achievements, skills and successes. Celebrate the growth, the tough moments, and the wins that shaped this year for you.

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2025 HIGHLIGHTS



This year was rich with transformation.
Here are just a few moments that stood out for us:

- **The breakthroughs:** Those light-bulb moments when clients realised “Oh, this is who I am and this is where I’m going.”
- **The brave conversations:** Our clients embraced feedback, leaned into discomfort, and grew into stronger professionals.
- **The wins:** Promotions, career pivots, confidence boosts, boundary-setting wins, and personal breakthroughs, both big and small.

This year’s #Elevate carried us through. We watched so many of you step into a higher version of yourselves.

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YOUR 2025 IN REVIEW

**Before we rush into
new-year-mode,
here's a little moment
to reflect:**

Ask yourself:

1. What did you learn about yourself this year?
2. What surprised you in a good way?
3. What challenged you the most, and how did you grow from it?
4. What's one small win you're proud of that nobody else knows about?
5. What do you want to leave behind in 2025?
6. What do you want to elevate in 2026?

A SNEAK PEEK INTO 2026

We have exciting things coming next year at
Routes Coaching.

2026 is shaping up to be a year of growth and expansion, including the possibility of welcoming a new coach to our team as we continue to elevate the support we offer. We're also refreshing our Leadership and Managers Programme with updated content, sharper tools, and more practical, real-world application. And that's just the beginning.

***Even more
opportunities
to grow with us
in the year
ahead.***



A CELEBRATION OF YOU

We made it. And not just made it, we elevated!
From every coaching session to each trainee
workshop, we've witnessed growth in real time.
You showed up for yourselves, even on the days
it felt hard.
You chose to invest in your development, your
goals, and your voice. That deserves
recognition.
So as we close out 2025, this newsletter is a
celebration of you.

AS ALWAYS, WE WANT TO HEAR FROM YOU

Your voice matters. If you've engaged with us in coaching, we'd love to hear your feedback, what's landed, what's shifted, and how we can keep growing together. It is completely anonymous so we would appreciate honest and constructive feedback. :)

**Click here to complete our
short feedback form!**

**WE WANT YOUR
FEEDBACK!**

GET IN TOUCH WITH US:

"Celebrate how far you've come. Trust how far you can still go."

Book your sessions now:

DEBBIE WHEAL

debbie@routescoaching.co.za

CASSIE QUITERRES

cassie@routescoaching.co.za

Thank you for being part of this journey.

Thank you for trusting us with your growth.

Thank you for showing up for yourself, your career, and your future.

Take a moment this December to celebrate how far you've come.

We are so proud of you.

Here's to rest, reflection, and rising even higher in 2026.