

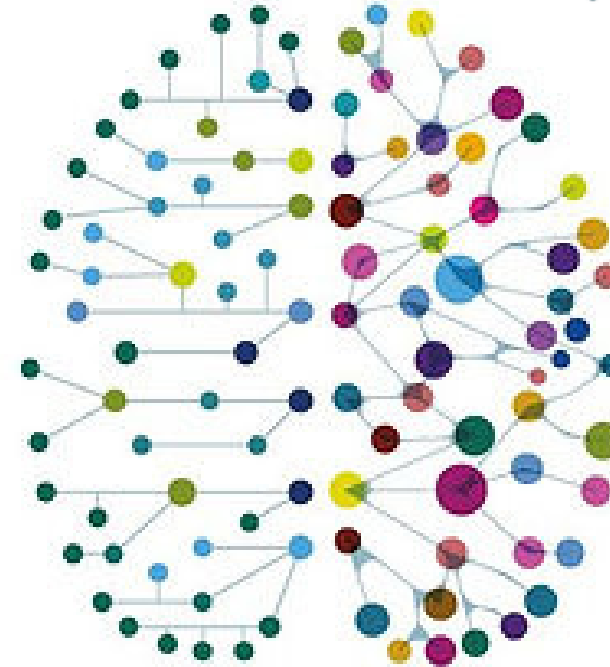
EVOLVING

Routes Coaching
Manager Programme



Our managers programme offers deep and comprehensive content that covers aspect of leadership, from effective communication to ego optimal functional range.

It is designed to help increase confidence, decrease self-doubt, develop self-awareness and identify your '*authentic managing*' style. All while becoming a true and authentic leader who inspires positive change in their organisation.



Our Approach

Within this programme, we implement the NBI Leadership Style assessment, specifically for those in managerial/leadership roles or those looking to be promoted to these roles.

UNDERSTANDING-SELF

THE CORE OF OUR COACHING



Before Covid, we were more inclined to speak of our foundation of Understanding Self, from which we grow. If nothing else, Covid proved categorically that there are no foundations, with many of us questioning our realities.

It is during this time that we started talking about the rock of Understanding Self. Understanding self is the culmination of self-knowledge and self-acceptance. This is a rock on which we pivot. This gives us the flexibility to adapt to the ever-changing environment in which we live.

This concept of 'pivoting' on our rock of understanding self, feeds directly into our ability to 'right' ourselves when we have been knocked down, that is concepts of self-validation, self-regulation and self-authorisation in order to keep moving forward to achieve our goals.



Picture source: Craiyon

Interested In More?



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Unlock Your Potential

“Leaders with empathy do more than sympathize with people around them: they use their knowledge to improve their companies in subtle, but important ways.”

- Daniel Goleman